TATRY · SPIŠ · PIENINY



Regional tourist guide



WWW.TATRYSPISPIENINY.SK

• NATURE •

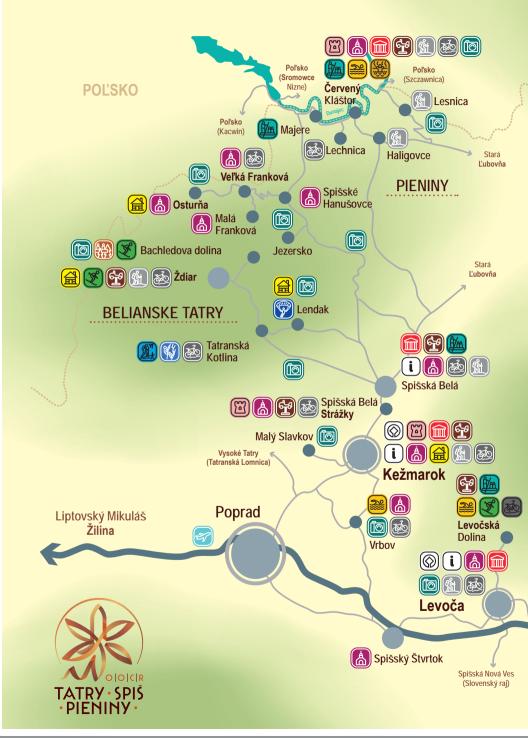


SPORT .



· CULTURE ·





CONTENT		
THE MOST BEAUTIFUL ONE-DAY TRIPS	4	
FOR HISTORY LOVERS	8	
MUSEUMS AND GALLERIES	12	
FOLKLORE AND TRADITIONS	14	
THE MOST BEAUTIFUL VIEWS AND PANORA	AMAS15	
WHAT THE REGION TASTES LIKE	18	
RELAX BY THE WATER	20	
CROSS-COUNTRY CYCLING	24	
EXPERIENCE FOR THE WHOLE FAMILY	28	
TOP EVENTS OF THE REGION	34	
WINTER HOLIDAYS	36	
THE MOST BEAUTIFUL HIKING TOURS	42	
LEGENDS	46	
USEFUL INFORMATION	47	
ACCOMMODATION	48	





THE MOST BEAUTIFUL ONE-DAY TRIPS

The area of the region is interlaced with attractions, monuments, hiking trails and other interesting things. We recommend some of the most beautiful tourist destinations, that can be visited in a day, to make the planning of your tours easier and to get acquainted with the most interesting attractions of the particular locations.

1. Spišský hrad (Spiš Castle) and surrounding cultural and natural monuments ©

Sivá Brada near Spišské Podhradie. A travertine mound, where a mineral spring springs. It offers the opportunity to directly observe the formation of travertine. It is one of the stops of Spiš Jerusalem. # www.spisskyjeruzalem.sk

Spišský salaš. You can find it under Sivá Brada. You can taste regional specialities and see wood carvings by local artists in its garden.

Spišské Podhradie - Spišská Kapitula. A small religious town. Its dominant feature is St. Martin's Cathedral with a rare Romanesque statue of a white lion.

Spiš Castle. It is the largest ruin in Central Europe. There is a museum in the restored part.

Dreveník. The national monument – the travertine mound - is a paradise for rock climbers. There is also an important archaeological site.

Žehra. A small village where you can see the Church of the Holy Spirit with beautifully preserved frescoes.

Hodkovce. Visit the Baroque manor house in Hodkovce with a French park.

2. Ancient Levoča, swimming in the natural bio swimming pool, cycling in Levočské vrchy (Levoča's mountains)

Levoča ©. The former metropolis of ancient Spiš ranks among the most popular tourist sites in Slovakia because of its rich history and remarkable architectural monuments. Its historical part together with the altar of Master Paul' were on 27 June 2009 inscribed on the UNESCO World Heritage List. Behind the massive city walls of Levoča, which create the border of the historical core, in the town conservation area, more than 300 national cultural monuments are situated.

Mariánska hora (Marian Hill). It is a member of the European Association of Marian Pilgrimage Sites. Bazilika Navštívenia Panny Márie (Basilica of Visitation of Virgin Mary), a Greek-Catholic Chapel, a pilgrimage and retreat house and an outer altar are situated on a natural elevation. The wooden cross at the foot of the hill reminds of the visit of the pope John Paul II. in 1995. The International Marian tourist route goes through Mariánska hora in Levoča.

Natural Bio swimming pool in Levočská Dolina. It is an area with a natural swimming pool which respects the environment and human health. Together with a fishing pond they are situated 6 km from Levoča, in the town's district Levočská Dolina.

The Dam and The Frog Trail. A good choice for natural swimming or fun on water bikes. There is also a rope park and a climbing wall. The beach and multifunctional play-

grounds are ideal especially for ball games. Renting complete equipment for games goes wothout saying. There is a playground where there is a boat, spring swings and slides for the little ones.

Cycling in Levočské vrchy. Many tourist routes and cycling tracks can be found in the mountains. Marked routes and tracks provide tourists with genuine hikes and cycling trails with spectacular views on the surrounding scenery.

3. Belianske Tatry – Ždiar

Belianska jaskyňa (Belianska Cave). It is the only accessible stalactite cave in the High Tatras. Its sightseeing route is 1370 m long.

Ždiar. Take a tour of the village with its goral architecture, visit the museum and the restaurant Ždiarsky dom.

Bachledka SKI & SUN. It offers visitors a trail in the treetops and a children's area Kingdom of the Forest, good skiing and many other attractions in winter.

Cycle path Spišská Belá – Tatranská Kotlina – Ždiar. The first 9 km consist of an asphalt trail with rest areas, suitable for cyclists and skaters.

4. Historical Kežmarok, Water Reservoir Zlatná, Thermal Swimming Pool Vrbov

Kežmarok. The walk through the historic centre and streets is like a balm for souls of history lovers. The Wooden articular church (UNESCO site), the New Evangelical church, the Lyceum, Bazilika sv. Kríža (Basilica of St. Cross) and the Renaissance belfry belong to the town's unique objects. **The Castle in Kežmarok**. The town castle with its interest-

Water Reservoir Zlatná. It is a popular recreational zone and a suitable destination for cycling tours. You can visit Ranč Čajka (Čajka ranch) on your way there.

ing exposition and museum is one of the most sought-af-

Thermal Swimming Pool Vrbov. A year-long open swimming pool with natural geothermal water offers swimming in 10 swimming pools.

5. Pieniny – Rafting, Bicycles or Spas

Rafting Pieniny. Treat yourself with exciting experience of rafting on wild water.

Červený Kláštor (Red Monastery). A monastery is a historical monument of Pieniny with an interesting exhibition about the life and work of the monks.

Dunajec rafting. Rafting on wooden rafts from Červený Kláštor or Majere to Lesnica will bring you an unforget-table experience.

Cycling around Dunajec. You can use a bicycle for your return after rafting. There are marked tracks and you will also find several bicycle rental shops there.

ter objects.

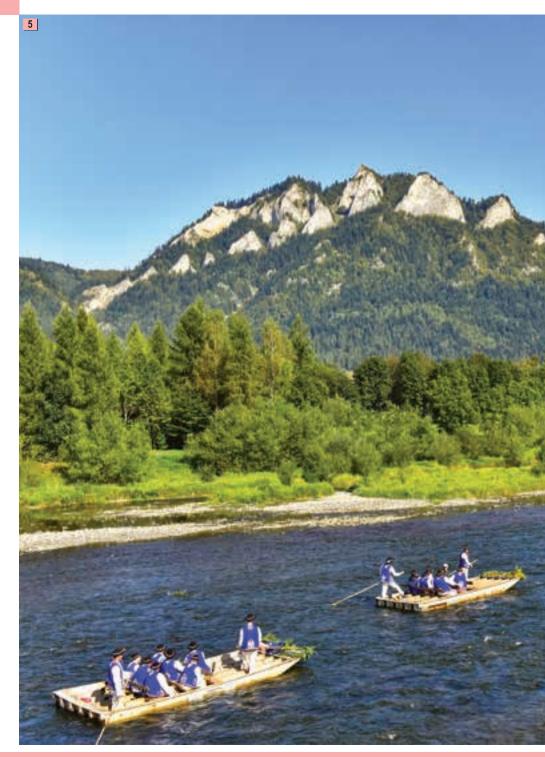














FOR HISTORY LOVERS

The region is literally a treasure of precious historical monuments. In a small area you will find up to three locations classified as UNESCO sites, you can admire here many Gothic sacral structures and Renaissance belfries, castles, manor houses and town halls. It does not matter which way you choose wonderful sights can be found everywhere. You can use i.e. signposts which show the Gothic Route...

KEŽMAROK HISTORICAL TOWN MONUMENTS

1. The Wooden articular church (UNESCO)

The Wooden Evangelical articular Church has been inscribed into UNESCO List. The church was built in a vernacular Baroque style. The massive painted arch leans against four spiral pillars and perimeter walls. The ground floor and six choirs can accommodate more than 1500 people.

2. Red – New Evangelical Church in Kežmarok

In the second half of the 19th century Evangelists from Kežmarok opted to build a new representative temple. The structure is not of the unified architectural style. It incorporates elements of Byzantine, Romanesque, Renaissance, Moorish and also oriental architecture.

3. The Evangelical Lyceum Kežmarok

The first mentions of the existence of Kežmarok's town school are from years 1383 to1392. After 1531 it was given a character of the Protestant Secondary Comprehensive School next to which academic classes with the department of philosophy, law and theology were later established therefore the school changed to the Lyceum. The biggest school historic library in Central Europe is situated in the building of the Lyceum. The library has a collection of 150 000 titles of all sorts and world languages.

4. The Castle – The Museum in Kežmarok

It is a type of a urban castle. It was built directly on the territory of the city to defend it from enemies. Eventually, however, its owners fought against Kežmarok which did not want to give up its rights as a free royal town and become a mere serf town. In front of the castle there is a statue of the leader of the anti-Habsburg uprising - Imrich Thököly on a horseback.

5. The Roman Catholic church of St. Cross, a belfry

The Church of St. Cross was established in the Slavic settlement as its name Windischgrund (Slavic territory) used for centuries is the proof of this fact. The oldest stone parts of the church can be dated back to the 13th century. The interior is also mostly Gothic – side altars, a baptistry, a stallum. The Renaissance pew beneath the main choir where a city council and a mayor sat dates back to 1518. A Renaissance belfry (1591)which is close to the church is considered to be the most gorgeous Spiš campanile.

6. The Old market – the oldest street in Kežmarok

Starý trh is considered to be the one of the oldest Kežmarok's streets – foundations of the majority of houses can be dated back to the 13th century. Typical Spiš craftsman houses are situated on upper but also on low end of the street. The torso of town fortification can be found behind these houses. House Nr. 39 was the place where students – members of the secret association Mor ho! who were expelled from all Hungarian schools because of their opinions – met.

1 Kežmarská informačná agentúra

Hlavné námestie 64, Kežmarok

① +421 52 449 21 35

⊠ info@kezmarok.sk

15 June - 15 September:

9:00 to 17:00 (including holidays, Saturdays and Sundays)

16 September – 14 June:

Monday - Friday: from 9:00 to 17:00 (from 12:00 to 12:30 Lunch break), Saturday: from 9:00 to 13:00, Sunday, state and religious holidays: closed.

LEVOČA HISTORICAL TOWN MONUMENTS

Master Paul's Square

Glorious times of town resembles Thurzo House with Renaissance attic and sgraffito decoration. Veľký župný dom (The large district house) belongs to the most beautiful in the former Hungarian Empire, architectonic valuable Hain House, Schwab Palace with a remarkable arcade court yard, Mariássy House with late Gothic stone portal and Spillenberg House decorated with shells. Basilica of St. Jacob, a town hall and the Evangelic church dominate the square. A tourist attraction is the Cage of Shame and the ascent to the Tower of the Basilica.

8. Basilica of St. Jacob (UNESCO)

The Gothic sight of artistic and historical value, the largest sacral structure in Spiš and the second largest in Slovakia is the pride of the town. The sanctuary itself is the highest late Gothic wooden altar in the world (height – 18,62 m, width – 6,27 m) from the woodcarving workshop of Master Paul from Levoča, the collection of subsequent wooden altars, precious wall paintings and other valuable furniture are together with the masterpiece of Baroque goldsmith Ján Szilassy national cultural monuments.

9. Town Hall

During the years 1893-1895 it was rebuilt into its present-day form. The allegorical characters of five townsman virtues from 1615 were painted above Renaissance arcades on the south facade of the building. Caution, Bravery, Patience, Justice and Temperance were pictured as women figures. There is a museum with interesting exhibit such as the picture of legendary The White Lady of Levoča.



















10. Cage of shame

Medieval hexagonal pillory from the 16th century stands on solid foundations next to the Town Hall and it is made of iron bars, decorated with iron hearts and lilies. Offences against the law and morals which were not regarded as capital crimes were trialled here. This was also the way to punish the women who went out into streets at night without men accompanying them.

11. The house of Master Paul

In a medieval townsmen Gothic house with well-preserved Gothic pointed arch and facade decorated with shells a museum is situated. It documents the life and sculpture art of one of the most important masters of late Gotic – a woodcarver Master Paul of Levoča – and it was recognized as an exceptional contribution to the world's cultural wealth.

12. The Basilica of the Visitation of the Virgin Mary on Marian Mountain and the new Cross Route

The church is a branch of the main Marian basilica in Rome – The Basilica Santa Maria Maggiore, with all its rights and indulgences. There is an altar with Gothic statue of Virgin Mary which dates back to approximately 1470. The pathway to the Basilica is lined by a linden alley which was named after the Holy Father "Aleja Jána Pavla II." (Alley of John Paul II.) on the occasion of the 10th anniversary of the Pope's visit. Five chapels that remind people and events from the life of Virgin Mary are a part of the alley. The new Cross Route encircles the Basilica with traditional stops.

1 Informačná kancelária mesta Levoča

Námestie Majstra Pavla 58, Levoča. The information office bureau is located in the Tower of the Basilica.

① +421 53 451 37 63

⊠ ikle@levoca.sk

@www.ik.levoca.eu

13. Spiš Castle (UNESCO)

The ruins of castle that dominate more than 200 m high travertine mound capture visitors' attention from far. Spiš is derived from the name of the castle which sovereignly dominates the whole surroundings. Its origins date back to the 12th century although there was a Celtic and later on the close hill a Slavic settlement years before it. Its large area that makes it one of the biggest castles of Europe and also its monumental architecture still surprises It was a seat of main district governors, inhabited until the end of the 17th century. Its owners – Csáky family – later moved to more modern manor houses in Bijacovce, Hodkovce and others.

① +421 53 454 13 36, +421 53 451 27 86

☑ info@spisskemuzeum.com

* www.spisskemuzeum.com

14. Spišská Kapitula (UNESCO)

Opposite the castle there is a hill dominated by Spišská Kapitula – a religious site – characteristic for its Cathedral with two Romanesque towers. Among its sights the Romanesque statue "White lion", an altar in Zápoľský's chapel and splendid Renaissance epitaphs of Imrich and Štefan Zápoľský deserve more attention. Entrance from a car park is possible through the Bishop's Garden on the road to Spišské Podhradie.

15. Spiš Jerusalem

In Spišská Kapitula and in an area called Pažica experts found a unique concept of territory which resembles Jerusalem. The hypothesis about existence of "Spiš Jerusalem" was also confirmed by historians. Its aim was to faithfully enable believers to experience the Way of the Cross in times when pilgrimages to the Holy Land were problematic.

16. Spišské Podhradie

Since the 17th century there have been a hospital and the Monastery of Brothers of Mercy. Just a few paintings and a Gothic pulpit were preserved from the rich interior of the Catholic church. The town was inhabited by 600 Jews and their synagogue still exist. Exhibitions and concerts are held there.

Mariánske námestie 34, Spišské Podhradie

① +421 53 419 51 33

⊠ kultura@spisskepodhradie.sk

17. Žehra (UNESCO)

Žehra village is an important archaeological location where an ancient early Gothic Church of Holy Spirit is situated. Its interior is decorated with precious Gothic sculptures from the beginning of the 15th century and a stone baptistry from the 13th century. In Hodkovce – a locality in Žehra there is a Baroque manor house from 1703 with the well-mantained French park.

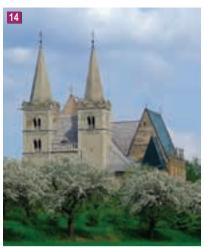
18. Renaissance Belfries in Spiš

Belfries are massive four-sided structures with acoustic windows in the shape of a tower. They date back to Renaissance period. They used to be built in the area of churches. However, they did not serve religious purposes. Towns and villages used them as watchtowers and observation posts and they were used for reporting the cases of danger. They represent rare structures in Europe. You can find them i.e. in Kežmarok, Vrbov, Spišská Belá, Ľubica, Poprad, Spišská Sobota, Podolínec or Strážky. You will find more infomation about this project here:

http://zvonice.nzw.sk/

19. Slovak Royal Towns ©

Include the towns of Kežmarok, Levoča, Stará Ľubovňa and Bardejov. All of them are listed by UNESCO and are the historical pride of the region. More information about the project:
www.royal-towns.sk













MUSEUMS AND GALLERIES

The historic works and arts can be admired in several museums and galleries which display the collections of skilled local craftsmen, artists but also scientists, explorers and monks. Their visit represents the ideal programme for rainy days.

1. Red Monastery Museum

This national cultural monument, officially called Lechnický kláštor, is situated in a scenic mouth of Lipník into Dunajec gorge in Pieniny. The monastery originally served to Carthusian order and later to Camadul monks. The museum exhibit describes the history and monastic life of mentioned orders and precious monuments not only from Červený kláštor but also from the whole Northern Spiš. New additions include a brewery, a monastery school, Cyprian's pharmacy and a manufactory, and a meditative relaxation retreat.

Pod lipami č. 20, Červený Kláštor

① +421 52 482 20 57

☑ info@muzeumcervenyklastor.sk

www.muzeumcervenyklastor.sk

2. Museum of Dr. Michal Greisiger in Spišská Belá

The Museum of Michal Greisiger which is situated in his house shows the life and work of a polyhistor and local doctor from Spišská Belá together with the history and etnographic specifics of the town. Not only he was a town's doctor, Greisiger dedicated himself to Spiš fauna and flora exploring and archaeological research in the region. In this exhibit documents about his scientific hobbies, furniture and instruments from his medical office are displayed.

Hviezdoslavova 21, Spišská Belá

① +421 52 459 13 22

3. Museum of J. M. Petzval in Spišská Belá

In the museum J. M. Petzval life's work together with the overview of the optic displaying evolution to the first picture which was in the 19th century called a photography is presented. Photocopies of the calculations for the most famous lens, an all-metal daguerrotype with Petzval's lens and other valuable results of his work are preserved here. Petzval's discovery denoted an enormous evolution in photographic industry.

Petzvalova 30, Spišská Belá

① +421 52 459 13 07

⊠ muzeum.petzval@stm-ke.sk

@www.stm-ke.sk

4. The Manor House Strážky - Spišská Belá

The manor house belonged to Horváth-Stansith family, later to Medňanský a Czóbel families. After the death of the last owner in 1972 the Slovak National Gallery became the curator of the manor house. The permanent exhibition shows mostly the work of Ladislav Mednyánsky, collections of a historical library and furniture of manor house. Various cultural programmes and Kaštieľne hry (Manor

house games) take place in the manor house. Visitors can relax in the large area of the manor house and the neighbouring English park with the river Poprad at its end.

Medňanského 25, Spišská Belá

① +421 52 458 11 52 alebo +421 52 458 13 12

⊠ strazky@sng.sk

@www.sng.sk

5. The Castle – the museum with exhibition of historical vehicles

You can have a look at unique cars and motorbikes in the exposition of historical vehicles and fire-fighting machinery. For example, Praga Alpha Phaeton in which Tomáš Baťa travelled Poprad's surroundings and searched for the right place for his new factory which was built in Svit is a part of this collectiont. The unique fire engine Škoda 154 (1929) the only one of its kind in Europe, Škoda Popular (1937 - 1938) and many more are also on display here.

Hradné námestie 42, Kežmarok

① +421 52 428 00 72, +421 918 742 726

☑ lektori@kezmarok.com

www.kezmarok.com

6. The Museum of Town Culture

The unusual furnishings of the exhibition consist of art and craft exhibits from the 17th century to 19th century furnishings. The period furnished rooms draw back to the time of our ancestors. The dining room with the pewter tableware is also unusual.

Hlavné námestie 55, Kežmarok

www.kezmarok.com

7. SNM – Spiš museum in Levoča

Three expositions – The Town Hall, Master Paul's house and Výstavná sieň (The Exhibition Hall) are situated in the town. The Town Hall's exposition is dedicated to the history of the town and illustrates the evolution of sculpting and painting production, as well as the evolution of arts and crafts in Spiš. Exhibitions, lectures, concerts and conferences take place here. In Master Paul's house visitors can find answers to questions about the medieval woodcarver whose name is bound with Levoča. Výstavná sieň (The Exhibition Hall) of the museum serves as a place for year-round exhibitions. Another exposition of the museum is Spišský hrad (Spiš Castle) (UNESCO) in Spišské Podhradie.

Námestie Majstra Pavla 40, Levoča

① +421 53 451 27 86

☑ info@spisskemuzeum.com

www.spisskemuzeum.com

8. The Gallery of the City of Levoča

It is located in the historic Máriássy House which is one of the most beautiful and well-preserved townhouses in Levoča. The gallery provides a venue for artistic discussions and meetings. It offers an exhibition space not only to Levoča artists.

Námestie Majstra Pavla 43,

Levoča

① +421 903 645 863

⊠ msks.galeria@gmail.com

www.galeria.levoca.eu







9. The museum of special education system

The exposition is divided into four parts. The first is dedicated to its history, in the second there is a special library. The third section represents didactic tools used by students of special schools with different types of handicaps. The exhibition ends with the part devoted to human senses – touch, sight, sound and smell.

Námestie Majstra Pavla 28, Levoča

① +421 53 451 28 63, +421 918 625 285

⊠ mss.levoca@gmail.com

@www.msslevoca.sk





FOLKLORE AND TRADITIONS

In typical villages of the region inhabitants still observe various kinds of customs and traditions. Customs and traditions were passed down to everyday life of people who honour the work of their ancestors and live in harmony with nature.

1. Ždiar, The museum Ždiarsky dom

Village Ždiar is one of the Slovak gems. It is a typical Tatra's village with its characteristic traditions, customs and folk-lore. You can learn more about life, traditions and housing of people from Ždiar in the local Museum. Not only you will experience a very interesting guided tour (a guide wears traditional Ždiar's folk costume) but you can witness a traditional Ždiar's wedding and put on a folk costume. You can also try a ride on a horse drawn carriage, degustation of local specialities or listen to Goral music.

2. Osturňa, The Monument Reservation of Folk Architecture

It belongs to the protection zone of the Pieniny National Park. The Monument Reservation of Folk Architecture has 157 listed buildings (wooden houses) which are preserved in their original state. The municipality regularly organises various folklore and traditional events. Traditions are presented in Osturnianska izba (the Osturnian Room).

3. Synagogue in Spišské Podhrady

It is the only one preserved on Spiš. It was built in 1870 in late Gothic style with elements inspired by oriental archi-

tecture. In the interior, the women's gallery on six cast-iron columns, the tabernacle (aron hakodesh) and the original rich Moorish ceiling painting have been preserved. The synagogue is continuously used for various cultural events and exhibitions.

Štefánikova 532/78, Spišské Podhradie

⊠ kultura@spisskepodhradie.sk

@www.kulturapodhradie.sk

4. Malá Franková, The folk museum of Hlaholics

In this typical village you will not only find an illuminated cross which dominates the neighbouring hill but also the only Slovak folk museum of Hlaholics so called Ogrod svätých sedmopočetníkov. You will find here the history of the first Slovak writing and information about lives of St. Cyril and Metod and their disciples. The rarity of this area is the smallest wooden church in Slovakia which is a miniature of the non-exist Christian church in Devín.

5. Veľká Franková

The village is surrounded by magnificent meadows with grazing sheep.

www.velkafrankova.sk









THE MOST BEAUTIFUL VIEWS AND PANORAMAS

Everyone wants to bring the most beautiful photos from their holidays and trips. We've got some tips for you about places with enchanting views and panoramas.





- 1. The Terrace of Ždiar Museum, Ždiar
- 2. Široké sedlo, Belianske Tatry, Ždiar
- 3. The Trail through the treetops, Bachledova dolina with a lookout tower
- 4. Hanušovské (Frankovské) sedlo, Spišské Hanušovce
- 5. The Illuminated cross, Malá Franková
- 6. The Nature trail Spišské Hanušovce
- 7. Tri koruny, Pieniny
- 8. Malý Slavkov A Golf Course
- 9. Ostrá skala, Vrbov
- 10. Mariánska Hora, Levoča
- 11. The Tower of the Basilica of St. Jacob, Levoča
- The Observation Tower on Marčulina Hill in Levočské vrchy
- 13. Spiš Castle, Žehra











WHAT THE REGION TASTES LIKE

Tatry - Spiš - Pieniny region is mountainous. People here have always worked as sheperds and they were cultivating small mountain fields where mostly potatoes, grain and corn grow. The climate is mostly cold so people here were warming themselves with a glass of spirit, warm tea with honey, eating fresh bread, home made sausages and cheese. Try local products - cheeses, smoked bacon and sausages, tea made of local herbs, crunchy bread or popular liquor Tatra Tea.

1. Restaurant Ždiarsky dom

A traditional Goral restaurant offers home made specialities made according to old recipes. Halušky (dumplings), pirohy, ribs, ham hocks – these are types of food that you will associate with this restaurant. The magnificient view on the Belianske Tatras directly from the summer terrace of the restaurant is a bonus.

Ždiar 260

The state of th

reštaurácia Ždiarsky dom

2. The Panorama Restaurant in the resort

The restaurant with a green roof and nature-like interior prepares daily culinary specialties from Ždiar and Zamagurje. It uses local ingredients, milk products from cows and sheep grazing in the mountain meadows. It is located at the top station of the cable car so that visitors can also enjoy a magnificent view of the Belianske Tatras from every seat. Wheelchair access and a children's corner will satisfy all groups of guests.

3. The Pltník Pension

Vou can taste the specialties of Goral and local cuisine in the hut and restaurant in a beautiful setting right on the banks of the Dunajec River.

Červený Kláštor 93

3 +421 915 890 937, +421 52 482 2656

www. penzionpltnik.sk

4. Goral motorest

The restaurant is gastronomically focused on Slovak cuisine. You can find here not only typical Slovak specialities but also healthy vegetable meals. The interior of the restaurant is furnished in Goral's vernacular architecture style.

SNP 8, (behind the OMV gas station), Spišská Belá

3 +421 915 650 320

⊠ goral.motorest@gmail.com

www.motorestgoral.sk

5. Boutique Hotel Hyjezdoslav**** in Kežmarok

It is one of the Historic Hotels of Slovakia. Gastronomic experiences combined with comfortable accommodation, wellness service and excellent staff will ensure your maximum comfort.

Hlavné námestie 95/49, Kežmarok

① +421 917 954 369, +421 52 788 75 75

www.hotelhviezdoslav.sk

6. Hotel Club*** Kežmarok

It is located in the historical centre of Kežmarok. In the hotel there is a unique collection of hunting and sport trophies of the Šoltýs and Gantner family. The original cuisine offers Slovak specialties as well as venison.

MUDr. Alexandra 24, Kežmarok

① +421 52 452 40 51 ① +421 52 452 40 52

⊠ recepciaclub@sinet.sk

www.hotelclubkezmarok.sk

7. Restaurant Resort Levočská Dolina

Visit the restaurant with a cosy interior and a beautiful view on the surrounding nature of Levočské vrchy. In the same building there is also a reception, a bowling alley, a wellness centre and you can get a massage here.

Resort Levočská Dolina 3227/50, Levoča

(1) +421 911 789 636

⊠ info@levocskadolina.sk

8. The Hotel and Restaurant U Leva***

It is located on the historical square in the centre of Levoča, right in front of the medieval Cage of Shame. The restaurant focuses on modern gastronomy inspired by the Mediterranean love of life of Renaissance Italian builders. We use the finest fresh produce and herbs to prepare our dishes. We offer Slovak wine and beer with our meals.

① +421 53 450 23 11

⊠ hotel@uleva.sk

9. Hotel ARKADA***

The hotel building housed Breuer's printing house where the famous work Orbis Pictus was printed in 1685. In addition to relaxing in the comfortable rooms, gourmets will also enjoy the restaurant located in the historic cellar.

Námestie Majstra Pavla 26, Levoča

3 +421 53 451 23 72

⊠ hotelarkada@arkada.sk

10. Restaurant Spišský salaš

Salaš is for many people a regular stop on their way to Spiš Castle. You can find here not only fresh dairy products and Slovak meals but also a nice terrace with children's playground and statues of local woodcarvers.

Levočská cesta 11, Spišské Podhradie

① +421 53 454 12 02





















RELAX BY THE WATER

There are several thermal and adventure baths and spas in a small area. These will provide beneficial relaxation not only for the body but also for the soul. Water attractions will bring you and your little ones joy and fun.

1. Natural BIO Swimming Pool Resort Levočská dolina

The first Natural BIO Swimming Pool in Spiš uses a technology of water plants and algae self-purification without using any chemical substances. In the area there are three swimming pools located. The first one is designated for water filtration and purification, the second one for swimming and the third one for fishing. In the fishing pool you can fish for rainbow trout which you can release back to water or gril it there.

Levočská Dolina 3227 / 50, Levoča

3 +421 911 789 636

⊠ recepcia@levocskadolina.sk

www.levocskadolina.sk

GPS: 49.068199, 20.607418

2. Levočská dolina Dam and a Frog Trail

The multifunctional barrier-free area is accessed by an asphalt road from Levoča and also by a cycle path. The water area is supervised by a lifeguard. A rope park with a climbing wall and playgrounds will keep you entertained for hours. Of course, there is also something for the youngest visitors. The playground consists of a boat-shaped play set and spring swings. There are also two slides and a balance beam located in the slope by the rope park. The whole project started because of frogs - you can find out about it on the Frog Trail.

Fedorkin jarok 2088, Levoča

(1) +421 911 088 911

⊠ info@zabiacesta.sk

www.zabiacesta.sk

GPS: 49.053361, 20.584258

3. Thermal park Vrbov

Thermal park Vrbov is located in the village of Vrbov, close to the town of Kežmarok and also close to the High Tatras. It is open all year round and offers visitors swimming in ten pools, including three children's pools. The water temperature in the pools ranges from 26°C to 38°C. The human body, like every organism on Earth, needs to regenerate its vital functions. You can do so immediately, for example in two sitting pools with streams of running water and a pleasant temperature of up to 38°C or in a overflow pool with massage jets that perfectly massage stiff muscles. Swimmers will appreciate a 35 m long swimming pool with a temperature of 28°C. Thai massages and tasty refreshments in the bar and restaurant are also available at the Thermal park Vrbov.

Thermal park Vrbov 299

① +421 52 426 12 67 ① +421 52 426 12 55

☑ recepcia@termalnekupalisko.com

www.termalnekupalisko.com

GPS: 49.082556, 20.425503

4. The Summer Swimming Pool in Kežmarok

The area of the Summer Swimming Pool consists of a children's pool with an area of 36 m2, a depth of 0.4 m and water temperature of $35 \,^{\circ}\text{C}$. The large swimming pool with an area of $628.5 \,^{\circ}\text{m2}$, a depth of $1.4 \,^{\circ}\text{m}$ and water temperature of $20 \,^{\circ}\text{C}$ to $28 \,^{\circ}\text{C}$. There is also a cafeteria and a children's playground.

Biela voda 2A, Kežmarok

⊠ tskk@tskk.sk

⊕ www.vpskk.sk

GPS: 49.145942, 20.429683

5. The Resting Area Spišská Belá Strážky

The surroundings of a lake with its small island offer interesting possibilities for active leisure. Great access is along the cycle path leading from Vrbov through Kežmarok and Tatranská Kotlina to Ždiar. The site with a water area is located in close proximity to Strážky Manor. In addition to a buffet, it offers two playgrounds, a gazebo for relaxation and a fireplace. In the short term, the entire recreational and sports area will be further developed.

Ladislava Medňanského 1084/76, Spišská Belá

GPS: 49.167599, 20.448622

6. The Pltník Pension, a car camping, a raft dock

The Pltník Pension with a car camping is situated in front of the village of Červený Kláštor in the beautiful surroundings of the gateway to the Pieniny National Park, on the banks of the Dunajec River. The biggest attraction of the whole region is rafting on traditional wooden rafts or rafts through the Dunajec River. The boarding point for the rafts is located next to the Pltník Restaurant and Guesthouse. You can enjoy dishes and specialties of smoked trout, roasted piglet or grilled chicken right on the banks of the Dunajec in a wooden hut. The Pltník Pension offers accommodation in a guesthouse and in wooden cottages, year-round wellness, swimming in a heated pool in summer and a beach with access to the river. The campsite is fully equipped and clients of the whole area have access to sports facilities and sports equipment rental.

Červený Kláštor 93

① +421 918 865 023, +421 52 482 2656

⊠ info@penzionpltnik.sk

www.penzionpltnik.sk

GPS: 49.390766, 20.399198





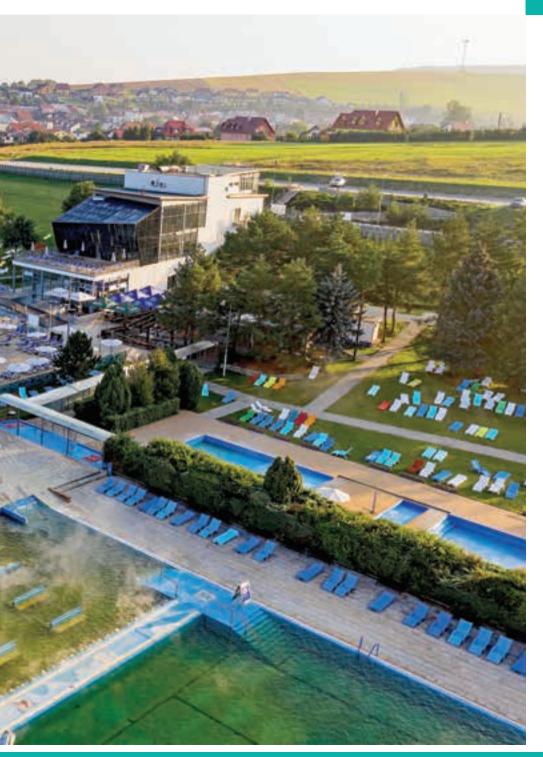












CROSS-COUNTRY CYCLING

There are 300 km of marked cycle tracks which pass the hills, valleys, towns and villages in the region. A cyclist can find everything here - from wide flat asphalt trails to mountain singletracks, a bike park and bike rental shops.

1. Spišská Belá – Tatranská Kotlina – Ždiar

Length: 16,5 km; Elevation: 214 m

Description: An easy 9 km long all-asphalt cycle path 3m wide, suitable for children, prams and in-line skates leads along the road 1//67 to Tatranská Kotlina (red sign). It connects Spišská Belá and Tatranská Kotlina, there are 4 resting places with a shelter on the trail. Parking and refreshments are available at the Beliansky rybník (a pond). The entire route offers a beautiful view of the Belianske Tatras. In winter, the trail is well kept and used for cross-country skiing. From Tatranská Kotlina, a 7,5 km long paved trail continues in the forest, marked with a green sign to Ždiar at the crossroads at the turn-off to the Monkova dolina.

2. Kežmarok – Huncovce

Length: 6km; Elevation: 20 m

Description: An easy 6 km long all-asphalt cycle path 3 m wide suitable for children, prams and in-line skates leads from Kežmarok from the crossroads near Billa along the blue sign along the Poprad River. The middle part of the trail (about 350 m) is not finished with asphalt surface and runs along a dirt road. There are beautiful views of the High Tatras along the route. Refreshments are available in Kežmarok or in the village of Huncoyce.

3. Spišská Belá – Kežmarok pradiareň – Vrbov

Length: 16km; Elevation: 120 m

Description: A recreational trail runs partly on flat ground, along a multi-use side road and over hills. The surface is made of asphalt. The part between Spišská Belá and Kežmarok is very suitable for families with children because of many rest stops. A cycle route (red, later green sign) connects Spišská Bela and Vrbov (a thermal swimming pool). It leads through a park (Strážky Manor). Nearby is a newly built rest area with refreshments. It continues over a rope bridge over the Poprad River to a rest area with a pumptrack for children. The green sign on the left continues to Zlatná pond and Čajka ranch with pleasant resting places. The green sign on the right continues through Kežmarok to Vrbov. It is possible to visit unique historical monuments (castle, wooden articular church - UNESCO monument, Gothic basilica and others) in the town of Kežmarok. From Kežmarok there is an asphalt cycle path over the hill Ostrá skala from where there are beautiful views of the High Tatras, Low Tatras and Levoča Mountains. The route ends in the village of Vrbov where it is possible to see the historic Renaissance Bell Tower, the church and relax in the year-round open thermal swimming pool.

4. Ždiar – Osturňa – Spišské Hanušovce

Length: 28 km; Elevation: 323 m

Description: An asphalt paved recreational and sports track in mountainous terrain with steep rise. The track starts few metres behind Ždiar village on the crossroads of the A-road number 67 with a dirt road. The new asphalt cycle track is available here. It leads your way through natural beauties to Osturňa village – a conservation area of vernacular architecture. The track from there mildly descends to Veľká Frankovka where it steeply climbs to Hanušovské sedlo. From there it descends to Spišské Hanušovce village.

5. Pieninská cesta: Červený Kláštor – Lesnica

Length: 8 km; Elevation: 96 m

Description: An undemanding track mostly on a flat land and paved asphalt track suitable for children and children's carriages. The track starts in Lesnica and passes along the river Dunajec. You can combine it with rafting and return back by bicycles to Červený kláštor. You have to pay attention to pedestrians who also use this track. It is convenient to combine your trip with the visit of the Monastery where you can find an interesting exposition about monks' life.

6. Kežmarok – Levoča

Length: 25 km; Elevation: 290 m

Description: A partly paved asphalt recreational track. The track starts in Kežmarok and it passes Lubica and Záľubica. Here it reaches Levočské vrchy – the former military district Javorina. It passes former Ruskinovce village where a small wooden church still exists. It rises to Sedlo beneath Krížový vrch and from there it descends on paved track to a crossroad towards Levoča. Right outside Levoča you can have a rest by a water reservoir or you can continue to the natural BIO swimming pool in Levočská Dolina.

II. Hrebeňovka Spišská Magura: Ždiar – Magurské sedlo

Length: 22 km; Elevation: 806 m

Description: A hard track with a big elevation rise mostly on unpaved surface. The track starts on the crossroads of dirt roads outside Ždiar village close to the skiing resort Strednica. It continues on mountain ridge of Spišská Magura to Magurské sedlo. It passes an observation tower on the mountain ridge and provides beautiful views on the Belianske Tatras. You can continue to Toporecké sedlo and descend to Podolínec village or Červený Kláštor.





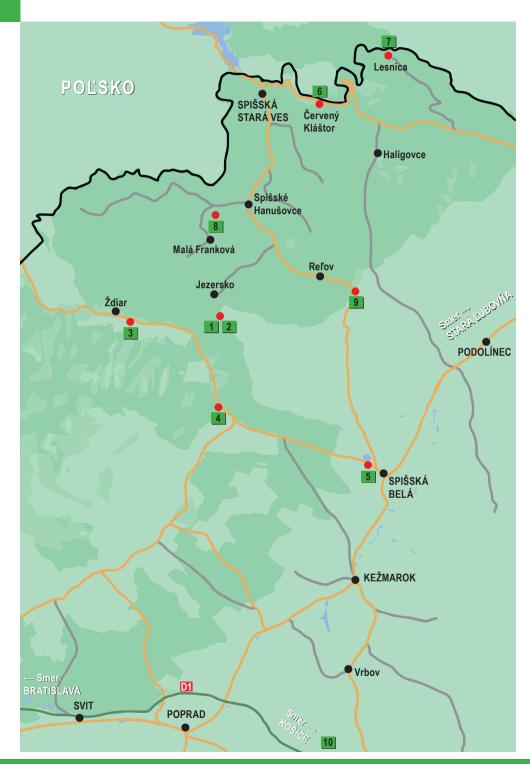




















1. 2. • Bachledka SKI & SUN (A Charging Station) GPS: 49.285888, 20.314737

3. • **Ždiar, penzión Strachan** (A Charging Station) GPS: 49.276456, 20.234956

4. • Tatranská Kotlina (A Charging Station) GPS: 49.229594, 20.316933

Spišská Belá, rybník (A Charging Station) GPS: 49.197009, 20.438050

6. • Červený Kláštor (A Charging Station) GPS: 49.390847, 20.398673

Lesnica Chata Pieniny (A Charging Station) GPS: 49.412482, 20.457641

8. • Hanušovské sedlo (A Solar Shelter) GPS: 49.331020, 20.314804

9. • Magurské sedlo (A Solar Shelter) GPS: 49.290256, 20.427749

Parkovisko pod Spišským hradom (A Charging Station) GPS: 48.997248, 20.757258



EXPERIENCES FOR THE WHOLE FAMILY

There are lots of new experiences and various activities for little ones and grown-ups in the region. Staying at a farm, horse riding, adrenaline sports, family games and attractions, everything is right behind the corner. Nobody knows what is to be bored here, you only have to choose and start your joy ride.

1. Highland pig slaughter and baking of homemade bread in the Hanus Kaštieľ (a Manor), Spišské Hanušovce

Enjoy summer salads or grilled specialties, steaks, burgers, goulash here. Everything is prepared with home-grown ingredients and meat from our own farm. A popular attraction is baking bread in the outdoor oven under the stylish wooden gazebo in the garden of the Manor House.

Penzión Kaštieľ Hanus*** Spišské Hanušovce 10

① +421 52 489 21 23, +421 949 277 112, +421 904 553 512

⊠ kastiel@penzionhanus.sk

www.penzionhanus.sk

2. Farming on Čajka Ranch

The ranch offers a possibility to actively engage yourself in running a farm while taking care of animals. Visitors can learn how to ride the horse, take a ride on a carriage or sledges in winter.

Zlatná, Kežmarok

① +421 904 415 712, +421 915 920 523

⊠ kontakt@ranc-cajka.sk

www.ranc-cajka.sk

3. Relax by water and fishing – Zlatná pond, Kežmarok

The pond is located in the rest area "Hájovňa" in Kežmarku in the calm natural environment beneath the forest. It is designated for fishing, relax and walks by water. Various fishing competitions and events are held here regularly.

GPS: 49.156457, 20.458865

4. Rybník Spišská Belá (a pond)

An attractive sports and leisure area offers free parking directly next to the cycle path. You can have a field day on an artificially created pumptrack circuit. A seasonal restaurant and a children's play area create picnic conditions, while the area is in the summer months also enriched by numerous cultural events. And that's not all. The path around the water area is perfect for romantic walks. Of course, hunters will also enjoy the pond, as it allows sport fishing.

3 +421 907 786 707

⊠ zadzora@spisskabela.sk

GPS: 49.195929, 20.436841 (Parkovisko)

5. A visit to the Belianska Cave

In Tatranská Kotlina you can visit the unique Belianska Cave – one of the largest and the only one mountain dripstone cave in The Tatra's National Park which is opened to the public. The display circuit is 1370 m long with 125 m elevation rise and there are 860 stairs here.

Tatranská Kotlina, Vysoké Tatry

① +421 52 446 73 75

⊠ belianj@ssj.sk

@www.ssj.sk

6. Spider Park, Tatranská Kotlina

You can find Spider Park in Tatranská Kotlina right next to the parking lot beneath the Belianska Cave. The park offers an adventure, overcoming of yourself and it guarantees a complete fun for children and adults. Two levels of difficulty are available – a small track Minispider and a big track Pavúk (Spider).

3 +421 904 012 449

⊠ spiderparkkotlina@gmail.com

7. Climbing wall Tatranská Kotlina

An old quarry is located right outside Tatranská Kotlina on the way to Ždiar and Lysá Poľana on the left side of the road opposite the parking lot and up the pathway. The limestone quarry serves as a local climbing exercise area.

8. Rafts and rafting on the Dunajec River

Rafting on wooden rafts is marvelous but wild water rafting is much more exciting. The centre focuses also on other water sports.

Vodácke centrum Canoeraft

Hlavný prístav, areál penzionu Pltník

Červený Kláštor 93

3 +421 910 304 389

⊠ canoeraft@gmail.com

www.canoeraft-dunajec.sk

9. Fun on the water, Pieniny sports centre

It is possible to playfully spend several hours in the sports complex. Visitors can enjoy an adrenaline adventure on raft boats, canoes or kayaks. Equipment and boats can be rented or you can take a course under the guidance of experienced instructors. Rafting is also suitable for people who have never been in a boat.

Pieniny sport centrum

Červený Kláštor 37

3 +421 907 477 412

☐ rafting@rafting-pieniny.sk

@www.rafting-pieniny.sk

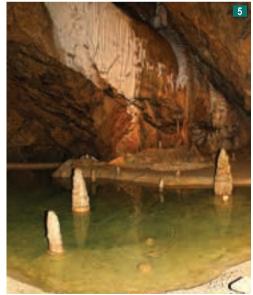














10. Strachankovo: The Family park in Ždiar

A magical forest with wooden tree houses will make every child's heart beat faster. The fairytale environment also offers unforgettable experience when feeding the animals at the Goral Little Farm. Especially Róza, the goat with funny ears, will not resist the offered treats. Little and big hungry ones will surely enjoy a family barbecue. The "Terasa" buffet with a royal view is the ideal choice for adults while the children explore a bouncy castle. But if you're tempted to go crazy too, there are bouncy bags for all ages.

Ždiar 700

3 +421 918 632 158

www.strachankovo.sk

11. Recreation area of Červený Kláštor Smerdžonka Spas

Try outer Kneipp therapy with a balance pathway or have a walk through a flower and herbal garden. Have a rest for a while at the spas park and recharge your spirit strenth under the influence of the chapel with the icon. Children will enjoy a children's playground with a trampoline or a big rope pyramid. Adults can exercise on outer fitness machines and refresh themselves in the swimming pool with the counterflow. You can spend your free time in the area also with these activities: playing the Russian candlepins, the giant chess, the petangue, the bedminton, the football and the volleyball.

Červený Kláštor 147

3 +421 914 338 820, +421 52 482 2006

⊠ recepcia1@kupelecks.sk

www.kupelecks.sk

12. Mountain resort Bachledka SKI & SUN

A destination with fun and relaxation for all. A yearround open mountain resort with views on the massifs of the Belianske Tatras Bachledka Ski&Sun is designed for everyone - families with children, active tourists, seniors, wheelchair users and also for organized tours. The resort is only 30km north of the town of Poprad and a few kilometres from the High Tatras.

At the entrance to Bachledka you will be welcomed by a renovated barrier-free pedestrian zone, where you will find an information centre and ticket office, a sports shop, a novelty - e-bike rental and a pleasantly furnished café. At the end of it there is a boarding station of the Gondola Bachledka cable car which will take you in 7 minutes comfortably to the treetops and to the season's novelty, the Kingdom of the Forest.

The surroundings of the Gondola Bachledka station on the ridge of Spišská Magura offer visitors peace in the middle of nature, various services but also many attractions, experiences and adventures. Among the most popular are the year-round open wheelchair-accessible Treetop Walkway

with a 67 m long dry toboggan, adrenaline and educational stops, a walking network at the top of the 32 m high observation tower. The Treetop Trail ticket offices offer free rental of high-quality baby strollers, as well as wheelchairs. Adrenaline lovers will be delighted by the novelty - mountain carts in the Tatras, which offers a 2300 m long route, 4 turns and a speed of up to 40 km/h. For children, there are not only two playgrounds, but also other fun attractions and a great novelty of the summer of 2021 - the Kingdom of the Forest - a large amusement and educational park with entertainment for the whole family.

The PANORAMA restaurant building offers a babyfriendly design with a large sun terrace, an indoor children's play area, a café, a souvenir shop with local products and a baby bottle warming and changing area.

In the restaurant with unique views and architecture hidden under a green roof, you can taste not only traditional cuisine but also amazing homemade pasta, tasty soups, fresh salads, cake or local beer.

Bachledka has expanded its services to include accommodation. You can stay in the design PANORAMA Bachledka Apartments on the ridge of Spišská Magura, in the modern BACHLEDKA Apartments on the pedestrian zone in Bachledova dolina or in the Pension SKI Jezersko with wellness in the quiet village of Jezersko.

Active visitors can use Bachledka as a starting point for a walk to Jezerské jazero (a lake) or the ridge of Spišská Magura. For cyclists, the Bachledka area offers up to 130 km of marked cycle paths, as well as a new e-bike rental service directly in the resort.

Bachledka is preparing several novelties for the summer season which will provide you with even more experiences and comfort. You can follow the news on the Internet.

Bachledova dolina 702, Ždiar

① +421 52 449 81 01

info@bachledka.sk

 www.bachledka.sk

www.chodnikkorunamistromov.sk

Chodník korunami stromov

Bachledka Ski & Sun

13. Golf in Malý Slavkov

The new golf course in Malý Slavkov consists of a 9-hole course, a golf reception, a training area and a restaurant. The idea of building a modern golf complex will continue in the second phase by expanding the area by another 12 holes and by starting an Academy. Our intention is to achieve the construction of a fully fledged 18-hole championship course. The Royal Valley Golf Club offers stunning views of the peaks of the High Tatras which you will simply fall in love with. Come and play on a first-class green and experience views that are unparalleled in Slovakia.

Golfová 10-70, Malý Slavkov

① +421 905 328 829











⊠ info@rvgc.eu

www.rvgc.eu

GPS: 49.144820, 20.385574

14. The Educational trail in the forest park SEVER in Kežmarok

(Green trail sign, yellow hiking trail)

A leisurely walk that lasts about 1.5 h will give you a lot of interesting information about the fauna and flora in the surroundings of Kežmarok. You may be surprised to learn that this locality is called Jeruzalemský vrch (Jerusalem Hill) and hides archaeological findings. The nature trail consists of 12 boards. One of the sites (6th) offers a beautiful view of the High Tatras and the surrounding villages. The patient wanderer will be delighted by a resting bench and another viewpoint above a former ski slope and a monastery where, in addition to the view of the High Tatras, another view of the Low Tatras with the magical Kráľova Hoľa and the Levoča Mountains opens up.

Pod lesom, Kežmarok

http://naucnechodniky.eu/naucny-chodnik-lesoparkom-sever-kezmarok/

GPS: 49.143645, 20.435501

15. The Path through the History and Traditions of Ždiar

(Green trail sign)

The nature trail starts at the crossroads to Monkova dolina (a valley) and ends at Strednica behind Ždiar near a car park. You can also take it from the opposite side. In order for the trail to reveal its content, you need your mobile phone to be able to read QR codes which you scan during the walk, and thus various interesting facts about the traditional life of the inhabitants of the village, a mysterious cable car and folklore will become accessible. Sports and film enthusiasts will also find something to enjoy. You don't always have to read the information but you can listen to it in a recording. An unforgettable view of the dominant features of the Belianske Tatras awaits you at the end of the route, at Strednica. You definitely have something to look forward to, so go for it!

Ždiar

3 +421 52 449 81 00

⊠ ocu@zdiar.sk

16. Educational trails Furmancova droga after Malá Franková

(Upper end - green sign, Lower end - yellow sign)

Furmancova droga - in the local goral dialect it means the road along which the carmen (furman) used to carry wood or other cargo.

The nature trails start in the centre of the village at the signboard located next to the former school and provide interesting and useful information, unforgettable views and a pleasant walk in the surroundings. You will need to have an active phone with a QR code reading mobile app with you. You will listen to a recording of a local legend, see the smallest wooden church in Slovakia, children will learn about the life of domestic animals in the village and you will be rewarded with beautiful and unusual views of the High and Belianske Tatras.

Malá Franková 14

☐ info@tatryspispieniny.sk

www.severovychod.sk/vylet/naucne-chodniky-v- malej -frankovej-1

GPS: 49.318455, 20.304413

17. Hanušovský chotár hiking trail

(Green and yellow mark)

The village of Spišské Hanušovce is located near the Pieniny Mountains and the popular attraction - rafting on the Dunajec River. You can make your multi-day stay in this locality more enjoyable with more demanding hikes in the Pieniny Mountains but also with a leisurely walk in the countryside. A green sign will take you from the municipal office to the former Manor House and a picturesque valley with an interesting statue. Along the way you will see the peaks of Tri koruny, the most famous peaks in the Pieniny National Park. The yellow signposted turn leads to a lookout point above the village from where you can see the panorama of the High Tatras. There are 4 information boards along the route. There are also accommodation facilities in the village of which the Pension Kaštieľ Hanus offers the most services.

Spišské Hanušovce 542

www.tatryspispieniny.sk

GPS: 49.330308, 20.343735

18. Educational trail Along the paths of Žabka Želka (Želka, the Little Frog)

Near Levoča, in the suburban recreation zone, there is a reconstructed water dam with many attractions. The whole project of revitalization of this site was made possible thanks to frogs. Every year, many frogs lost their lives during migration on the adjacent road. This was of a particular concern for environmentalists so they decided to protect them as best they could. You can find out how they managed to do this by following Along the paths of Žabka Želka. It starts in front of the entrance gate to the dam area. The whole route will take you about 1.5 hours. The trail has 7 stops and 4 educational panels. Along the way you will find out what a frog labyrinth or frog walkway is. Thanks to the seven interactive elements, you will test your physical abilities as well as your knowledge.

The state of th

⊠ info@zabiacesta.sk

www.zabiacesta.sk

GPS: 49.053361, 20.584258











TOP EVENTS OF THE REGION

1. European Folk Crafts (EĽRO) Kežmarok

Kežmarok always comes alive with traditional folk crafts during the second weekend in July (Friday - Sunday). The historic centre of the town is transformed into an enclosed area where singers, musicians and dancers from all over Europe perform on several stages at the same time. In the stalls which fill the streets, craftsmen show their skills and also offer beautiful products to the visitors of the event. Other stalls and restaurants offer food and drinks from around the world. There is also an exhibition of historical fencing and falconry at the castle and, of course, horses and other animals that will delight especially the smaller ones. The fun continues in the evening and especially at night during the Bloody History performance taking place in the castle. Folklore, modern music, crafts, the famous Bloody History and good food create an unforgettable atmosphere that over 50,000 visitors come to enjoy every year.

2. Marian pilgrimage Levoča

Mariánska Hora (A Mountain) in Levoča is one of the oldest and most famous pilgrimage sites in Slovakia. The annual main pilgrimage is held here on the first weekend in July, on the occasion of the Feast of the Visitation of the Virgin Mary, to which the local Basilica Minor is dedicated. Access by car is not possible during the pilgrimage. It is necessary to respect the traffic restrictions and follow the instructions of the organiser. You can admire the Greek Catholic chapel, the Cross Route or visit the pilgrimage and the House of Spiritual Exercise on the way to the Basilica. The stemming spring and the statue of St. John Nepomucký may also be of interest.

3. The Zamagura Folklore Festival Červený Kláštor

Visitors can expect a rich author's programme, theatre performances, presentations of folk-art production and craftsmen, moderated discussions, exhibitions and traditional rafting during the three days. An essential part of the festival is the costumed Holy Mass, which is not only captivating, but also enriches the spirit. The Zamagura folklore festival usually takes place in June and ends with a performance by a nationally known musical group.

4. Days of Master Paul Levoča

The Days of Master Paul is an international cultural festival dedicated to a prominent Levoča personality. The festival offers art intertwined with the cultural values of the region, featuring street performances by theatre artists, musicians and dancers. It has been held since

2001 in the months of July and August. The multi-genre Mysterious Levoča is the evening peak of the festival with a rich cultural programme prepared for all ages.

5. The Goral Folklore Festival Ždiar

Gorals will visit Ždiar to introduce visitors to their culture, history and crafts. The event offers an imaginative programme full of familiar faces, as well as local artists. Children will also enjoy the musical and theatrical programme. The event takes place in August at Bacheldka, right at the entrance to the Treetop Trail. The organisers will offer visitors a combination of an extraordinary experience, magical nature and traditional Slovak culture. The entrance to the Treetop Trail is also available within the event area.

6. The Spiš Potato Fair Spišská Belá

For two decades, one Saturday at the turn of Summer and Autumn in Spišská Bela belongs exclusively to potatoes. It is the most cultivated crop in the Podtatran region. At the fair, visitors can usually see dozens of potato varieties, historical and contemporary agricultural technology for growing potatoes, and selected agriculture cooperatives offer the opportunity to buy seed potatoes and potatoes for consumption. All potato gourmets can enjoy potato dishes from around the world. The mascot Gruľko is responsible for many smiling faces during the fair.

7. The Spiš Folklore Festival Spišské Podhradie

The Spiš Folklore Festival is the largest folklore festival with a supra regional character in the area of the Central and Lower Spiš. The aim of the two-day event is to present, develop, spread, protect and document elements of traditional folk culture in all its forms. To build a positive relationship to it and to bring knowledge about it through individual scenic and off-stage programmes and interactive activities in the area of the Spišský salaš. The festivities are held annually in June.

Days of Spišské Jerusalem: May cultural and spiritual festival taking place on the premises of the Spišská Chapter, Spišské Jerusalem calvary and the town of Spišské Podhradie. It includes a rich program and accompanying activities for children and adults, e.g. traditional Holy Mass, devotion of the Stations of the Cross, scenic representation of Passion events, church music concert, field trip to Calvary, field games for families, art activities for children, or theater performances.

You can find an up-to-date calendar of events in the region here.

www.tatryspispieniny.sk

















WINTER HOLIDAYS

The Mountain region offers many activities during the all winter months. Fine skiing resorts, well-mantained cross-country skiing tracks, ice skating and other activities for whole family such as bobsleighing or a horse drawn sleigh ride guarantee an active holiday with good services full of experiences and relax in the mountains.

Bachledka SKI & SUN (TOP resort)

A more permanent natural snow cover can be experienced in the Podtatran region at the end of December to January, but the freezing conditions make it possible to prepare the ski slopes with technical snow much earlier. Ždiar is the most popular location which attracts many guests to the village every year. They come to strengthen their health in the mountain air and the surrounding nature, thanks to which Ždiar was awarded the status of a Climatic Spa in 2022. There are several ski resorts in the village of Ždiar and in the nearby Bachledova dolina:

Skicentrum Strednica, Skicentrum Strachan, Skicentrum Krasula, Ski Monkova Dolina, Ski Bekeš and the most developed year-round resort Bachledka SKI & SUN.

Most services for athletes and families with children in Ždiar are offered by the barrier-free centre Bachledka SKI & SUN

www.bachledka.sk

It prepares 3 well-maintained ski slopes with 1 cable car, catering and accommodation services, various types of entertainment and attractions for visitors and a popular 7,5 km long running trail along the Magura ridge.

Bachledka - Children's World is a children's area of up to 2 hectares and is a winter Kingdom for all children. It includes the Gorgy ski school with a team of licensed instructors, 2 conveyor belts, a fabulous ski slope, mini tobogganing, snowtubing and a snowcamp with babysitting service and indoor facilities.

The popular panoramic restaurant PANORAMA Bachledka at the top of Spišská Magura offers visitors not only delicious food with a magnificent view of the Tatra Mountains but also a sunny terrace, a café, an environmental classroom and complete facilities for children and families.

Ski Monkova Dolina directly under the peaks of the Belianske Tatras offers family skiing on 260 m of slope, fun in the snow for the youngest children and a well prepared circuit for cross-country skiing. Ski hiking is also popular on the 4 km long Monkova Dolina - Strednica trail.

Quality skiing with great views can be experienced in Levočská dolina.

① +421 903 906 512

• www.levocskadolina.sk

There are ski lifts for adults and children in the Resort Levočská Dolina. There are four ski lifts H 130-850 m, H 130-713 m, P - 210 m and a children's rope tow - 60 m. All four ski slopes 270 m, 850 m, 1050 m, 1130 m, are covered with technical snow and regularly fixed, suitable for demanding and less demanding skiers and ski courses. You will find a parking, a ski service, a ski school and a nursery, a ski rental there. A restaurant with wellness and bowling complements winter skiing. The ski resort is connected via a tourist cross-country trail with the area in the nearby locality Krúžok near the village Úloža (Levoča Nordic Centre), where there is a well prepared circuit for classic cross-country skiing, as well as for skating technique. The area meets the standards for cross-country skiing cup competitions.

After a good skiing, relax your muscles and mind in the hot thermal water in the outdoor pools of the nearby swimming pool in Vrbov.

www.tatryspispieniny.sk/sk/package/termalne-kupalisko-vrbov/

The town of Spišská Bela is connected to Tatranka Kotlina by a 9 km cycle path with an asphalt surface which is in case of sufficient natural snow modified into a cross-country trail.

In the same way, in case of sufficient natural snow, the 9.5 km long cross-country skiing trail in Červený Kláštor along the Dunajec River is regularly maintained

In addition to sporting experiences, visitors can look forward to the tours of historical buildings in Kežmarok, Levoča, Spišské Podhradí and Spišská Belá - Strážky during the winter season. There are also many concerts, tasty culinary specialties, as well as traditional dishes and drinks prepared by experts in a hotel and restaurant facilities.

www.tatryspispieniny.sk/sk/package-category/uby-tovanie/

The Evening adventure in Bachledka

(January - February)

Discover the starry sky from a new perspective! Enjoy the evening Treetop Trail with just a headlamp and finish the experience of the snowy landscape with an adrenaline-pumping toboggan ride! The toboggan run is up to 2.5 km long, during which only the light from your headlamps will enlighten your path.

1 Infocentrum Bachledka SKI & SUN

Bachledova dolina 702, Ždiar

① +421 52 449 81 01

⊠ info@bachledka.sk

@www.bachledka.sk



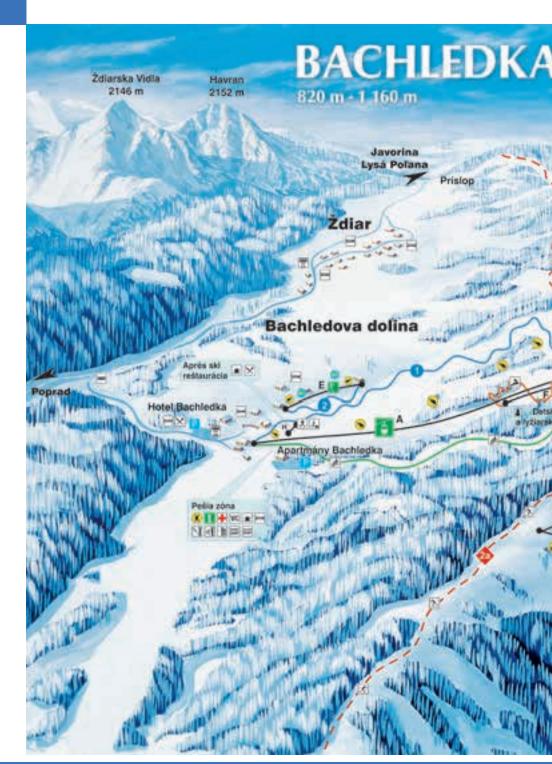














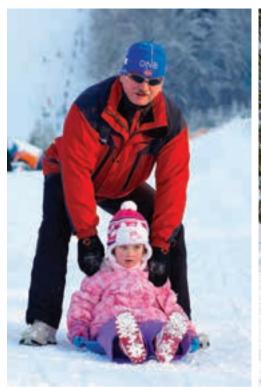
















THE MOST BEAUTIFUL HIKING TOURS

The mountain region offers many possibilities of different levels of beautiful hikes. From all-day long hikes to mountain ridges to pleasant walks in nature, close to water and towards tourist attractions. You have just to pack your backpack and prepare your camera which you won't set aside and you are ready to go.

1. From Tatranská Kotlina to Veľké Biele pleso

Tatranská Kotlina - Plesnivec Cottage - Veľké Biele pleso - Biela voda

Starting point:

Tatranská Kotlina, a bus stop, a parking lot

Finishing point:

Biela voda, a bus stop, a parking lot

Time schedule:

Tatranská Kotlina – Šumivý prameň 0h 45′ – Chata Plesnivec 1h 00′ – Veľké Biele pleso 1h 30′ – Šalviový prameň 1h 15′ – Biela voda 1h 00′

Total time:

5 hours 30 minutes

Elevation:

855 m

Difficulty:

A moderate half-day mountain hike with a nice profile and non-problematic orientation. The track passes the only accessible cottage in the Belianske Tatras – Plesnivec – where you can have a snack.

2. From Ždiar to Tatranská Lomnica

Ždiar – Monkova dolina – Kopské sedlo – Chata pri Zelenom plese – Skalnaté pleso – Tatranská Lomnica

Starting point:

Ždiar, a bus stop, a parking lot

Finishing point:

Tatranská Lomnica, a bus stop, a parking lot, a train station

Time schedule:

Ždiar – Magura 0h 30′ – Monkova dolina 0h 15′ – Široké sedlo 2h 30′ – Kopské sedlo 0h 45′ – Veľké Biele pleso 0h 30′ – Chata pri Zelenom plese 0h 30′ – Sedlo pod Svišťovkou 1h 15′ – Skalnaté pleso 1h 00′ – Štart 1h 00′ – Tatranská Lomnica 0h 45′

Total time:

9 hours

Elevation:

1192 m

Difficulty:

Challenging all-day mountain hike with hard climbs. Orientation in the mountain area is relatively good even during reduced visibility. Chata pri Zelenom plese (Cottage by Zelené pleso) is an ideal place for a short rest and refreshment. The pathway through Monková dolina is closed from 1 November to 15 June.

3. From Ždiar to Osturňa

Ždiar – Magurka - Osturnianske jazero – Osturňa -Strednica – Ždiar

Starting point:

Ždiar, a bus stop, a parking lot

Finishing point:

Ždiar, a bus stop, a parking lot

Time schedule:

Ždiar – pod Magurkou 1h 00′ – Osturnianske jazero 1h 00′ – Osturňa 1h 00′ – pod Príslopom 2h 45′ – Strednica 0h 30′ – Ždiar 0h 45′

Total time:

7 hours

Elevation:

498 m

Difficulty:

A moderate all-day hike with a small elevation rise. Orientation is non-problematic on Ždiar's side of Spišská Magura but you have to pay more attention to tourist signs on Osturňa's side. Osturňa village is an "alive open air museum" – a conservation area of vernacular architecture.

4. From Bachledová dolina by nature trail to Jezersko lake

Bachledova dolina – Malá poľana (an observation tower) – Bukovina – Jezerské Jazero – Malá poľana – Bachledova dolina

Starting point:

Bachledova dolina, a parking lot, a lower station of a cableway

Finishing point:

Bachledova dolina, a parking lot, a lower station of a cableway

Time schedule:

Bachledova dolina – Malá poľana 0h 45′ - pod Bukovinou 0h 30" – Jezerské jazero 0h 45′ – Malá poľana 1h 10′ – Bachledova dolina 0h 35′

Total time:

3 hours 45 minutes

Elevation:

362 m

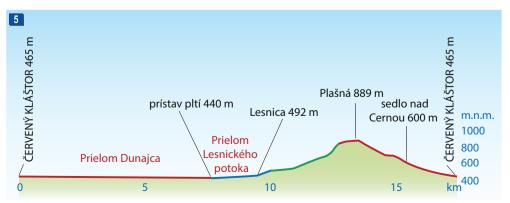
Difficulty:

A modest short hike suitable for families with children and seniors. You can use a cableway in Bachledova dolina – Malá polana. A children's nature trail informing about local animals and birds leads from the end station of a cableway to Jezersko lake. On Spišská Magura ridge an observation tower and children's attractions are located.









5. Dunajec gorge to Haligovské skaly (Haligovske rocks)

Červený Kláštor – Dunajec gorge – Lesnický potok gorge – Haligovské skaly – Červený Kláštor

Starting point:

Červený Kláštor, a bus stop, a parking lot

Finishing point:

Červený Kláštor, a bus stop, a parking lot

Time schedule:

Červený Kláštor – Jánošíkov skok 0h 15' – Sedem mníchov 1h 00' – Lesnický potok 0h 45' – Lesnica 0h 30' – Plašná 1h 00' – Červený Kláštor 1h 15'

Total time:

4 hours 45 minutes

Elevation:

424 m

Difficulty:

A moderate almost all-day long hike. The first part until Lesnica is undemanding, almost feels like a walk. From Lesnica it becomes more demanding because of the steep climb to Haligovské skaly ridge. Orientation is non-problematic and you can also have a snack here. You can enhance your hike with a visit of the Červený kláštor museum or Dunajec rafting.

6. From Sivá Brada to Žehra, through Spiš castle and Dreveník (UNESCO sites)

Sivá Brada – Spišská Kapitula – Spišské Podhradie – Spišský hrad (Spiš Castle) – Dreveník – Žehra

Starting point:

Sivá Brada, Spišský salaš, a parking lot

Finishing point:

Žehra, a bus stop, a parking lot

Time schedule:

Sivá Brada – Jazierko na pažiti 0h 45′ – Spišské Podhradie 0h 30′ – Spišský hrad 0h 30′ – Dreveník 0h 30′ – Žehra 1h 00′

Total time: 3 hours 15 minutes

Elevation: 174 m Difficulty:

A modest hike in a mildly undulating terrain. Just the part with a climb to Spiš castle is more demanding. Orientation is simple thanks to the open area and tourist signs. The track is also a nature trail. It attracts with a rare combination of natural and cultural wealth concentrated in a small area. You can observe travertine formation on Sivá Brada, taste water from the mineral spring and also admire the beauty of the stone town in Dreveník on your

way there. The track ends in Žehra where you can have a

look at the valuable ancient Church of Holy Spirit.









LEGENDS

Alike most of Slovak districts this region is also entangled with legends. These are the most famous. Local people will be pleased to tell you that there is more truth about them than you would think.

1. The Black Lady of Kežmarok

A legend about the Black Lady is about a former castle key holder who was employed by the owner of Kežmarok castle Imrich Thököly in the 1690s. She had to guard and protect the owners's treasure during the time while he was fleeing the Emperor's army. But she appropriated his jewels and hid them. Upon his return Imrich Thököly found out that he lost his wealth and put a curse on her. She would never find peace. Since then the Black Lady has been wandering the chambers of Kežmarok castle and looking for another secret place to hide the jewels...

2. The legend of the White Lady of Levoča

The legend dates back to the beginning of the 18th century to anti-Habsburg uprising of Francis II. Rákoczi period. Juliana Géci-Korponayová came to Levoča as a wife of one of the Kuruc commanders and also a spy for the Emperor's enemy army. She ostensibly became a lover of the Kuruc chief commander István Andrássy because of fear of propriety confiscation. She stole his keys from the underground passage and let the Emperor's army into the town. Her merits were not appreciated and she was beheaded. But historical documents prove that the town surrendered under agreed conditions and Juliana became the victiom of intrigues. Mór Jókai, a writer, named her Levoča's White Lady in his novel of the same name probably because of her dress on a preserved portrait.

3. The Legend of Flying Cyprian

Cyprian, a monk, was a very wise man but he was also discontent and he was thinking a lot about flying. In his dreams angels warned him to let it go but he did not listen to them. He made wings and during one dark night he flew off from Koruna and landed at the Tatras. He was hovering over Morské oko (Eye of the sea) and his reflection mir-

rored on the surface of the mountain lake. That was when an angel noticed him, storm broke out, Cyprian was struck by lightning and knocked down to the bank of the lake. And there is where a hill arose and it became a memorial of the fearless flyer. If you use your imagination you will see his face, outlines of his habit and broken arms craving to fly. It is "Mních" (Monk) hill. Cursed flyer carries a giant burden and suffers in eternal stone captivity. (People called him Frater Cyprian but his real name was Franz Ignatz Jäschke, he came to Camadul monastery Červený kláštor when he was 32 years old. He was also considered to ba a master of thousand crafts. He was well versed in medicine, botany, astrology and he was also a skilled glass-maker.

4. The Legend of a collier of Ždiar

In the distant past the thick forests in the broad valley of Biela river beneath the Belianske Tatras were frequently used by people from nearby villages to make charcoal. Legend states that one of the colliers built a triangle shaped little hut in the middle of the forest. The only window of the hut was facing the side from which a bright light of the morning star was shining inside. The collier's house was soon surrounded by wooden houses of others who were also enchanted by that star. The settlement was thus named "Zor" - Ždiar after the bright morning star.

5. Chmúrnik from Osturňa

Deep in the mountains beneath the Tatras there is an ancient village Osturňa where even today some people believe in witches and that people of gloom called "Chmurovia" visit them. Chmurovia look really repulsive but they can take the form of any human being. They often ask for food or lodging. According to the legend it is necessary to meet Chmúrnik's needs because he will reward you for your good deeds.



USEFUL INFORMATION



1 TOURIST INFORMATION OFFICES

TIK Starý Smokovec

Starý Smokovec (budova HZS)

(1) +421 52 442 34 40

Po-Ne 8:00 - 16:00

TIK Tatranská Lomnica

T. Lomnica pri hlavnej ceste, budova Knihv

3 +421 52 446 81 19

Po-Pia 8:00 - 16:00

Infocentrum Bachledova dolina

Bachledova dolina 702, Ždiar

(1) +421 52 449 81 01

Po-Ne 9:00 - 16:00

Informačná kancelária mesta Levoča

Námestie Maistra Pavla 58, Levoča

(1) +421 53 451 37 63

⊠ ikle@levoca.sk

mww.ik.levoca.eu

máj – september Po-Ne 9:00 – 17:00 október - apríl Po-Pia 8:30 - 16:30

Kežmarská informačná agentúra

Hlavné námestie 64, Kežmarok

(1) +421 52 449 21 35

⊠ info@kezmarok.sk

15. jún - 15. september Po-Ne 09:00 - 17:00

16. sep. - 14. jún Po-Pia 09:00 - 17:00; So 09:00 - 13:00

TIK Spišská Belá

Petzvalova 18, Spišská Belá

① +421 52 468 05 20

⊠ info@spisskabela.sk

Po-Pia 9:00 - 17:00

TIC Spišské Podhradie

Mariánske námestie 34, Spišské Podhradie

① +421 53 419 51 33

⊠ kultura@spisskepodhradie.sk

www. kulturapodhradie.sk

RESCUE SYSTEM

Polícia, hasiči, lekárska pomoc

① 112

Vrtuľníková záchranná zdravotná služba

Horská záchranná služba, Starý Smokovec

① 18 300

+ HOSPITALS AND HEALTH CENTERS

Zdravotné stredisko, Ždiar

(3) +421 52 449 81 02

Nemocnica s poliklinikou, Poprad, Banícka ul.

① +421 52 712 51 11

Nemocnica s poliklinikou MUDr. Vojtecha Alexandra, Kežmarok. Huncovská ul.

① +421 52 451 21 11

Všeobecná nemocnica s poliklinikou, Probstnerova cesta 2. Levoča

(1) +421 53 381 10 00



Lekáreň u sv. Michala, Spišská Belá

Zimná 8, Spišská Belá

① +421 52 458 17 72

Lekáreň Tatranská Lomnica

Zdravotné stredisko

(1) +421 905 303 453

Altea, Poprad

Nám. sv. Egídia 57/40, Poprad

(3) + 421 52 772 11 42

Lekáreň Na Námestí Kežmarok

Hlavné námestie 23. Kežmarok

(1) +421 52 452 25 51

Lekáreň U hada, Levoča

Námestie Maistra Pavla 13, Levoča

(1) +421 53 451 24 56

If necessary, you will find one emergency pharmacy always open in Poprad, Kežmark and Levoča, Monday to Friday from 6:00 p.m. to 10:00 p.m. and on Saturday, Sunday and public holidays from 8:00 a.m. to 10:00 p.m.



Taxi Rigo

① +421 52 442 25 25

Taxi Vladimír Kočan

1 +421 905 700 330

POPRAD

Alfataxi

① +421 52 772 26 22

Aniel Taxi

① +421 904 443 055

Taxi Poprad

3 +421 904 114 311

ΚΕŽΜΔRΩΚ

AB taxi

3 +421 904 206 121

LEVOČA

Taxi Levoča

① +421 917 707 707

Vito taxi

① + 421 919 123 454



Information about public transport connections and departures:

@www.cp.sk

Information about railway transport, purchase of tickets:

@www.slovakrail.sk

KEŽMAROK

Hotel HVIEZDOSLAV ****

Hlavné námestie 95/49 060 01 Kežmarok

① +421 52 788 75 75

☐ info@hotelhviezdoslav.sk

www.hotelhviezdoslav.sk







KEŽMAROK

Hotel CLUB ***

MUDr. Alexandra 24 060 01 Kežmarok

① +421 52 452 40 51

① + 421 52 452 40 52

oxtimes recepciaclub@sinet.sk

www.hotelclubkezmarok.sk





LEVOČA

RESORT Levočská Dolina

Levočská dolina 3227/50 051 01 Levoča ① +421 911 789 636

⊠ info@levocskadolina.sk

www.levocskadolina.sk





SPIŠSKÉ PODHRADIE

PENZIÓN St. Martin

Spišská Kapitula 15 053 04 Spišské Podhradie D +421 948 957 977

Penzión St. Martin

⊠ kontakt@stmartin.sk

⊕ www.stmartin.sk

ČERVENÝ KLÁŠTOR

Penzión PLTNÍK

Červený Kláštor 93 059 06 Červený Kláštor 3 +421 915 890 937

oxtimes info@penzionpltnik.sk

www.penzionpltnik.sk







ČERVENÝ KLÁŠTOR

Lietajúci CYPRIÁN

Červený Kláštor 168 059 06 Červený Kláštor ① +421 903 966 438

☑ ubytovanie.lietajucicyprian@ gmail.com

⊕ www.hotelclubkezmarok.sk







SPIŠSKÉ HANUŠOVCE

Kaštieľ HANUS

Spišské Hanušovce 10 059 04 Spišské Hanušovce 3 +421 949 277 112

⊠ kastiel@penzionhanus.sk www.penzionhanus.sk







MÚZEUM Červený Kláštor

Pod lipami č. 20 059 06 Červený Kláštor ① +421 52 482 2057

① +421 911 325 250

⊠ info@muzeumcervenyklastor.sk www.muzeumcervenyklastor.sk



Implemented with the financial support of the Ministry of Transport of the Slovak Republic

The Regional Organisation of Tourism (ROT) TATRY • SPIŠ • PIENINY; Hlavné námestie 1, 060 01 Kežmarok

☐ info@tatryspispieniny.sk ⊕ www.tatryspispieniny.sk ₼ Archive of ROT

2023, Free material

ISBN: 978-80-89426-82-9

